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# WCPT Conference, Amsterdam

20–23 June, 2011

### Developing and advancing international postprofessional educational standards in physical therapy

### **Dr Alison Rushton**

Chair, Standards Committee of IFOMPT





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### **Objectives of the symposium**

- To critically evaluate the development of standards and processes of quality monitoring for advanced practice
- To demonstrate how educational standards can be used to promote advanced skills in clinical reasoning, evidence based practice, and a biopsychosocial approach to clinical care
- To evaluate the benefits of this model and its future potential as an example of good international educational practice



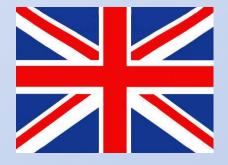
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### **Dr Alison Rushton**

Senior Lecturer Physiotherapy Co-tutor MSc Advanced Manipulative Physiotherapy programme University of Birmingham, UK





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Professor Darren Rivett Head, School of Health Sciences The University of Newcastle

Australia





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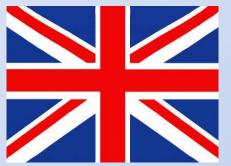


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Dr Karen Beeton Deputy Head School of Health and Emergency Professions University of Hertfordshire, UK





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Dr Jan Pool Program Coordinator Master Manual Therapy University of Applied Science Hogeschool Utrecht



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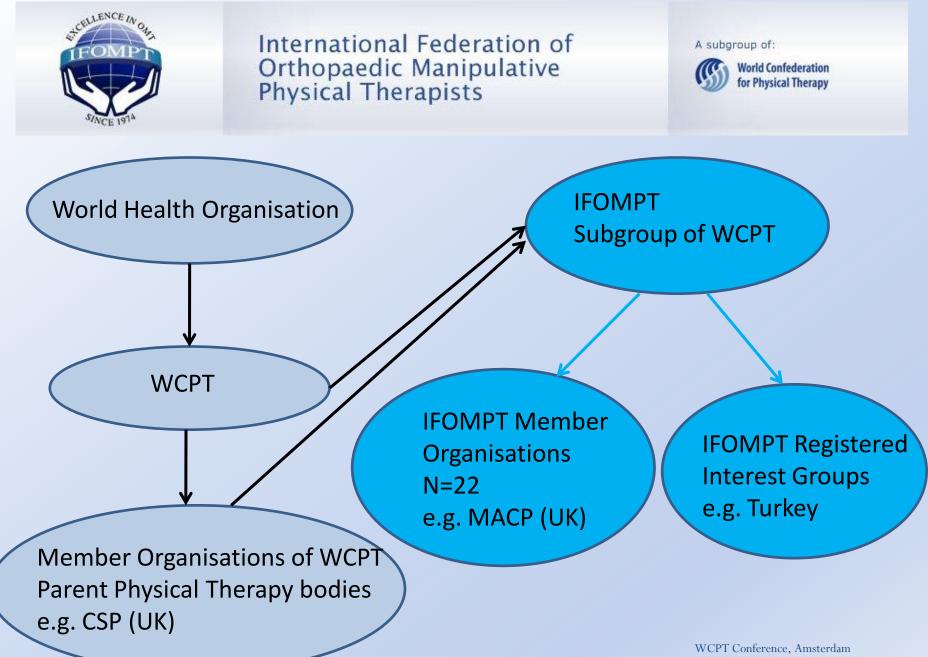
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Jackie Sadi Chair of the Manipulative Therapy Field MCISc Program The University of Western Ontario





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### **Background: quality within education**

- Quality of physical therapy education has received increasing attention in recent years
- Agreement that improving quality needs to focus on:
  - Standards of learning and teaching
  - Establishment of an effective framework within which these activities can occur (Preedy et al, 1997)



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### **History of IFOMPT Educational Standards**

- First defined in 1977
  - Theoretical and practical components
- Each country applying to become a Member Organisation of IFOMPT is required to demonstrate that its educational programmes meet the standards



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### **Review of standards**

- Reviewed on a six yearly basis
- Through collaborative process with Member
  Organisations
  - Ensuring face, content and construct validity
- Standards have developed considerably since their inception
  - Reflecting the developing educational and clinical contexts in the musculoskeletal field



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### **Current 2008 IFOMPT Standards**

- Competency based framework in line with modern educational practice (Harden et al, 1999)
- Provides a detailed description of the knowledge, skills and attributes expected of a specialist OMT physical therapist in the contemporary healthcare environment



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Ensuring consistency of competency to establish a minimum standard



Permits the learning process to be flexible, innovative and responsive to the individual's learning needs



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Member Organisations operationalise standards to positively recognise:

- Differences in strengths and emphases in OMT programmes
- Differences in methods and delivery of education internationally
- Flexibility recognises the resource, geographical, and other challenges in providing OMT education internationally



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(Higgs and Jones, 2000)

(Haynes et al, 2002)

### **Context of standards**

- Patient centred clinical reasoning
- Clinical expertise
- Evidence based practice
- Biopsychosocial model of practice
- WHO ICF

- (Sackett et al, 1996)
  - (Engel, 1980)
  - (WHO, 2001)
- Role of OMT Physical Therapist as: Expert/clinical decisionmaker/ clinician, communicator, collaborator, manager, health advocate, scholar, professional

(http://www.deptmedicine.utoronto.ca/CanMEDS.htm)



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### **IFOMPT minimum requirements**

- 200 hours theoretical learning
- 150 hours practical learning
- 150 hours clinical mentorship



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### **Dimensions of the competency framework**

- 1 Critical and evaluative evidence based practice
- 2 Critical use of comprehensive knowledge of the biomedical sciences in OMT
- 3 Critical use of comprehensive knowledge of the clinical sciences in OMT
- 4 Critical use of comprehensive knowledge of the behavioural sciences in OMT
- 5 Critical use of a comprehensive knowledge base of OMT
- 6 Critical and advanced level of clinical reasoning skills enabling effective assessment and management of patients with NMS disorders
- 7 Advanced level of communication skills enabling effective assessment and management of patients with NMS disorders
- 8 Advanced level of practical skills with sensitivity and specificity of handling, enabling effective assessment and management of patients with NMS disorders
- 9 Critical understanding and application of the process of research
- 10 Clinical expertise and continued professional commitment to development of OMT



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### Competencies

- Within each dimension
- Relate to •
  - Knowledge
  - Skills •
  - Attributes •
- All need to be assessed

## **Clinical mentorship**

- Integration of learning / development
- Clinical examination is a requirement
  - Assesses many competencies



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### International Monitoring 2004

- A process of three yearly international monitoring of Member Organisations
- Processes of quality assurance and control are evaluated by the Standards Committee
- Conducted as a collaborative and constructive process
- Standards Committee provide advice and assistance



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### **Quality Assurance**

- Feed-forward mechanisms
- Developing quality of programme
- Includes
  - Systems e.g. planning

## **Quality Control**

- Feedback mechanisms
- Checking outcomes after the educational processes have occurred
- Includes
  - Internal moderation
  - External assessment by Member Organisation and IFOMPT



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## Examples of issues for Member Organisations to address

- Develop use of student feedback
- Develop processes of Member Organisation's review of educational programmes
- Develop resources for students e.g. programme handbook
- Develop marking criteria for assessments



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## Challenges

- Many!
- Not least the documentation
- Language across 22
  Member Organisations
- Educational processes and terminology





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### **Key challenges to explore today**

- Meeting standards in clinical reasoning, evidence based practice, and a biopsychosocial approach has posed a significant challenge to countries less developed in OMT education
  - Particularly those with programmes outside of the university context
- Challenges from a Member Organisation's perspective



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