



Dear IFOMPT Family,

IFOMPT is busier than ever and several initiatives are receiving attention from volunteers across the IFOMPT world in 2021. All the Task Forces and Advisory Groups are hard at work and we will begin to see early outcomes shortly.

The proud and active participation at the recent WP Congress by so many of our members was great to see and IFOMPT was certainly visible on the international stage.

As the Executive Committee (EC), we have been involved in many different initiatives and we are excited to see the energy out there at the moment. Some updates on developments:

1. The membership subscriptions were due by 31 March 2021. Thank you to those MOs and RIGs that paid on time. Could we ask the final few who still need to do so, to please settle your membership bills without delay. Please contact the EC if you need to make an arrangement regarding your payment.
2. The Advisory Group on Finance made a recommendation on how IFOMPT can assist the four RIGs that have been struggling to pay their 2020 subscriptions. Thank you to Belgium, Austria, Japan, The Netherlands, and Slovenia who all offered to assist. The four RIGS will be required to show their good faith by paying 25% of the fee in order to be eligible for the assistance and IFOMPT will make up the difference from webinar proceeds. It is important to note that this is an exceptional arrangement and is not a blanket arrangement and license to not pay subscriptions. Our membership is important to us and we need to assist when required but it does come at a cost to IFOMPT.
3. We would like to welcome Egypt back as a RIG of IFOMPT. Welcome Mahmoud Saad and team and we look forward to interacting again.

4. The Task Force on IFOMPT Governance is very actively working on updating the Governance Manual of IFOMPT in line with the updated Constitution and latest developments and an aspect receiving special attention is the exact description of the new Associate Member Organisation (AMO) membership category. We expect that a few RIGs will want to progress to AMO status as soon as the information is ready.
5. The webinar initiative continues, and we are currently running a highly recommended webinar by Ina Diener entitled “The ethical side of manual therapy” - see more information below. Registrations have been disappointing, and we would like to encourage you to get especially your teachers and young PTs to attend this gem by a highly respected and experienced member. This webinar is a must for every teacher. Ina gives the full picture on current literature to back up her insight and overview of this currently hotly debated topic. We have sessions that are convenient for attendees from all over the world, so please get your members to register. There are two more sessions in the coming week.
6. The Standards Committee members are currently conducting several reviews and have been in touch with members, as needed. Thank you to those MOs who have submitted the required information on time and we encourage all members to keep up with the international monitoring requirements.
7. The special meeting regarding the administrative change to the Constitution was successfully concluded in mid- March with a 100% positive vote from 100% of the MOs. Thank you to all and the new Constitution is now fully in use.

Kind regards

IFOMPT Executive Committee

17 April 2021



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*IFOMPT Webinar – The Ethical Side of Manual Therapy*

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The webinar explores the topic: *Why do our patients get better?*, *the role of imaging in explaining the pain*, and based upon the literature, it questions if *Manual Therapists have lost their touch*. Dr Ina Diener discusses mechanisms how manual therapy works, reminds us of Hippocrates and the need to “*treat the patient and not the disease*” and to always consider the patients’ perspective. The webinar reminds us of our *ethical duty* as health professionals and the benefit of self-reflection. It also lists the factors that influence pain and reflects on “*Explaining Pain and Pain Neuroscience Education*” strategies. Ina puts empowerment of the patient in the perspective of *health literacy* and explores the role of *screening* and *first-line practitioner status* in preventing harm. Finally, *current best practice* and the *future of Manual Therapy* are discussed. The webinar offers a broad variety of references of the current literature. It is highly recommended, so don’t miss this one! It will enrich your thinking and handling in many ways.

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