

50 Years of History

Cyprus

Name of organisation: Cyprus Institute of Orthopaedic Manual Therapy

Year organisation started: 2017

Member of IFOMPT since: 2020

Key influencers of OMPT through the years:

Our main influencers were some of the renown international manual therapists such as Brian Mulligan, Geoffrey Maitland, David Butler, Peter O’Sullivan and others.

Development over the years:

Throughout the years there has been increasing interest by Cypriot physiotherapists for postgraduate education in Manual Therapy. Members of CY-OMT who have completed the program engage in most of our activities that include conferences, seminars and supervision of clinical practice.

Major changes or challenges in the last 50 years:

There have not been major changes in our organization since 2017.

Current status and challenges:

There have been some challenges in communicating to Cypriot physios what modern manual therapy entails and what its role in today’s musculoskeletal clinical practice especially with the on-going debates and misinformation on social media.

Future of the organisation:

We see our organization growing despite the challenges.
