Use of Wikis and Blogs to promote collaborative learning in an Orthopaedic Manipulative Therapy MSc Programme

Caitriona Cunningham, Catherine Doody University College Dublin, Ireland.







Two year part time MSc OMT Programme at UCD

Learning Issues:

- Collaboration and knowledge sharing outside classroom
- Reflection on their own practice and development of clinical reasoning
- Integration of programme learning (eg. evidence review) into clinical practice
- Driving deeper learning

UCD DUBLIN

Introduction

Two recent educational innovations

- (i) Blog (ii) Wiki
- Web log
 Discussion / informational site published on www
 Discrete entries 'posts'
- Single or multi author
- Encourages sharing learning experiences in real time
- Integration of groups of learners





Used to engage students in group learning within a collaborative environment

Involves learners in their own construction of knowledge

Free cross platform editing and redistribution of original content

Jonassen DH, Peck KL, Wilson BG (1999)





Pedagogy

- Sound pedagogy underlying curricular design choices (Rowe, 2012)
- Collaborative learning enhances learning through increasing student engagement (Schaffert et al, 2006)
- Educational environments in which students can learn to be collaborative and creative (Bruns and Humphreys, 2005)
- Wikis and group blogs support the collaborative and social constructivist learning paradigms (Parker and Chao, 2007; Bruns & Humphreys, 2005)
- User-created content software encourages deeper engagement with learning through the act of authoring awareness of an audience encourages thoughtful writing construction (Jacobs, 2003)

BLOG - Reflection

 Reflection facilitates the integration of theory with practice and promotes the development of students' clinical reasoning processes

(Ladyskewsky and Gardner 2008)

 Reflection promotes changes to clinical practice in the light of learning gained from personal experiences



(Jasper 2007)

Blog

The use of blogging to support development of reflective practice and clinical reasoning

Promote collaborative learning

Gain insight into the groups clinical reasoning processes



Methods

- Blog during MSc NMP students' 3 week full time clinical placement
- Preparation
 Reflective practice 1 hour lecture
 Written Guidelines
 Focus on specific learning experiences and development of clinical reasoning
 Min 1 post + 1 comment/ week
 Specific assessment criteria

Methods

 Qualitative analyses of the Blog content to identify main themes

Student evaluation via survey



Qualitative Analysis

Subjective Examination

Questions with a purpose

'Use of <u>questions with a purpose</u>, and interpreting the answers . It will be what raises us all to MSc levels of diagnostic and therapeutic skills"

'I realized that a lot of the reason I go around in circles is that I don't <u>have a specific question in my mind</u>. I need to assimilate and process the information as I do the SE'

Physical Examination

Prioritisation and focus

'My main problem was my lack of prioritization. I attempted a large number of tests and ended up confusing myself. Focus, specificity and prioritisation are crucial to forming a working hypothesis'

'Focused PE cuts unnecessary testing and aggravating the patient or increasing irritability'

What is the purpose of testing?

'I've been using my favorite tests for years without thinking why I'm using them. Now I know what I'm actually looking for in each test'

'PE should be more tailored and specific to test the main hypotheses. Why am I doing this test?'

'I have learned another key question from the tutor to ask myself is 'what do you expect to change', and link this with the SE and PE'

Treatment

Specificity and justification

'My prior thinking was to treat every level... This week I have been encouraged to treat only 1 level using 1 technique and REASSESS. I didn't believe this could ever be effective...until now'

'The tutors challenged me to justify every treatment technique I choose and encouraged me to think of ten more techniques that would achieve the same outcome'

Clinical Reasoning

Assumptions and interpretations

'<u>Don't assume</u>! Have clear evidence to support or negate your hypotheses. If it walks talks and looks like a duck but has a few white feathers don't assume it's a duck. It could be a swan!'

'Sometimes even when you have all the information it can be <u>interpreted incorrectly</u>'

Pain

Pain and manual therapy

'I realized I was resistant to accepting that <u>central</u> <u>sensitization</u> could be the driving factor.. as a manual therapist my automatic response was to get my hands on the patient..'

'.. her pain mechanisms were for cognitive affective and central sensitization. I realized <u>manual therapy was probably not the best course of action</u>'

'I have learned that <u>pain education</u> plays a key role in treatment. We practice our handling skills for hours, but how do we practice pain education?"

Students' evaluation

- Blog a useful means to communicate with classmates when on placement 100% strongly agree/agree
- Participating in group discussion enhanced my learning 100% agree
- Facilitated learning from real clinical experiences
 80% agree/ strongly agree, 20% not sure
- Sharing useful learning resources
 80% agree, 20% not sure
- Overall satisfaction with blog as learning tool 100% strongly agree/ agree

Discussion

Good student engagement with learning tool

Group dialogue

Facilitation collaborative learning practices in part-time students situated in different locations

Themes identified may help to guide / aid clinical teaching



Wiki

Wiki Group Assignment (2 x 6 students)

To produce a Wiki regarding MSK topic:

which will act as a resource for peers/ MSK physiotherapy practitioners

Online Platform wikispaces.com

Assessment

Assessment rubric co-created-to help students internalise what's expected of them

Peer Assessment



Wikis

- SIJ/Lateral Hips Pain
- Good links to evidence based resources
- More novel materials
- Good learning resource
- How much collaboration or worked on separate sections? Integration could be better
- Differential diagnosis-need more re supporting/ negating factors rather than just lists of signs and symptoms



Questionnaire Survey

Week 1 and Week 12

To explore student experience using wikis for first time

- Series open ended questions
- Data transcribed and analysed for common themes



Results-Week One- Feb 16

Learning: 'good idea, could learn more, good for knowledge sharing, group work helpful, may use in future'

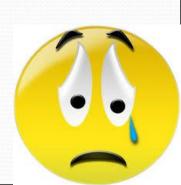
Anxiety re learning new technology/workload: 'don't know what a wiki is'; Blog easier to manage,' 'why not group presentation on power point'?

'Worried about workload'

Group work: challenges-prefer individual

Topic concern: 'don't see much SIJ'

Lateral hip pain more prevalent! Choose own topic





Results: Week 12-April 16

- Time demands: 'Too time consuming', 'learning wiki process not helpful'
- Learning Resource: 'yes' 100%, 'other class wiki useful' 'makes you read more/learn more', 'looked at research more', 'encouraged more in depth research'
- Group Learning: 'good for team building', 'knowledge sharing good'



Wikis versus Blogs

Blogs

- 'more straight forward',
- 'Blog easier for sharing'
- 'Blogs useful for reflection'

Wikis

- 'layout easy to navigate and information in easy to use format'
- 'Better for learning than blog but more work'
- 'Group work beneficial'



Discussion

- Lack of familiarity with social media as learning tool/Workload introduce earlier, even greater orientation, more classtime
- Working towards end product-need to value process encourage collaboration rather than delegation of sections
- Value of learning on line collaborative skills/ virtual community of practice
 - Add to module / programme learning objectives and outcomes
- Drive desired synthesis of evidence more prompts, template for differential diagnosis, greater academic online presence

Discussion



 Enhancement of learning of clinically related knowledge and skills

 Facilitation of Group dialogue and collaborative learning practices in part-time students situated in different locations

- need to get accustomed to more online communication
- collaboration not automatic



Conclusion

- Wikis and Blogs useful in enhancing learning with each having unique benefits
- Positive for collaboration outside classroom but 'online' requires facilitation
- Need to plan carefully- orientation, support, timing
- In order to drive deep learning –online discussion, learning criteria, learning prompts, academic online presence