



IFOMPT Release

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The Benefits of Face-to-Face Meetings

*From the President -
Ken Olson*



In the 10+ years that I have served on the IFOMPT Executive Committee (EC), we have been fortunate to have a face-to-face meeting each year. As my term as President began in July 2016, the IFOMPT EC was faced with a budget shortfall that forced us to re-evaluate the necessity of face-to-face meetings due to the travel and lodging costs associated with these meetings. The feedback the EC has received from the Standards Committee (SC) is that face-to-face meetings are crucial to the productivity and communication within this committee as well.

Both the SC and EC utilise on-line teleconference platforms to meet at regular intervals throughout the year. In addition, much work and correspondence is carried out throughout the year via e-mail and other electronic means. Likewise, the IFOMPT Advisory Groups and Taskforce meet via on-line platforms and with electronic communication. Although these communication avenues can help to move projects along, the face-to-face meetings seem to further facilitate the working relationships among the committee that results in enhancement and ease of communication with these other means through the rest of the year.

The depth and breadth of communication is much greater when meeting face-to-face due to learning

personalities of the committee members and their communication styles. Often, non-verbal communication is lost in the on-line formats and even the teleconferences. The nuances of language can be difficult to pick up when communicating by electronic means with committee members from varying cultures and language backgrounds. Additionally, the informal social interactions among committee members deepens the personal relationships between them that can further enhance the cooperation and productivity of the group into the future.

The EC has worked with the Advisory Group on Finance to develop strategies to improve the financial situation of IFOMPT over the past 2 years. In addition, our Executive Director, Ingrid du Toit, manages a very tight ship in how she runs the office to provide excellent membership services at a very reasonable cost. Ingrid was also instrumental in working with her family and local contacts in Cape Town to facilitate face-to-face meetings at a reasonable cost to stretch the IFOMPT dollars for 2017. In addition, several MOs stepped up to provide partial or full funding for members of the SC from their MOs including Denmark, Canada, and the UK. Some of the SC members have also been able to attain funding from their employers if they present papers at the conferences where the meetings are being held. I am thankful for all the support IFOMPT committee members have received to help us afford to have this face-to-face Interaction.

The trip to Reno in November 2018 was fully funded by the USA MO, AAOMPT. They provided a \$25,000 grant to IFOMPT to allow us to bring the SC and EC to their annual conference and provided meeting space and social engagements as they hosted us at

their conference. In exchange, several EC and SC members provided presentations to enhance the AAOMPT conference offerings.



Ken Olson and Elaine Lonnemann at the Reno Trade Stand

This also provided IFOMPT the opportunity to promote the benefits of IFOMPT membership to one of our largest MOs and to promote the IFOMPT 2020 Conference. We had representatives from 10 MOs and 2 RIGs at the conference allowing us to staff a booth in the exhibit hall and have an IFOMPT membership meeting.



IFOMPT Delegates at the AAOMPT Conference, Reno 2018

Laura Finucane and I spoke at the opening ceremony and Ali Rushton provided a key note address during the conference. The SC members also presented two breakout sessions at the conference. I want to thank AAOMPT for the support and hospitality IFOMPT members enjoyed while in Reno.

The combination of being very frugal with all travel expenses, several MOs stepping up to assist IFOMPT with travel expenses and increased revenue from the dues increase and webinars has allowed us to be able to fund both the EC and SC to /...P2



Latest IFOMPT Developments

Meetings don't have to be endless to be eternal.
James E. Faust

IFOMPT Conference

The IFOMPT conference is the flagship event that brings together physical therapists from around the world. It provides a platform to share scientific knowledge and to facilitate international interaction and networking, while it also generates revenue for the day-to-day operations of the IFOMPT activities and outputs. The Constitution prescribes that IFOMPT shall hold a conference at least every four years. Apart from prescribing that the Delegate Assembly will determine which MO hosts the conference based on a bidding process outlined in the Governance Manual and stating that it must include clinical and scientific sessions, the Constitution is silent on how the conference takes place. Although the Executive Committee has some oversight and has reports presented to them over the years leading up to the conference, it is very much a hands-off role, and this was identified by previous organising committees as an issue that should be addressed for the future.

Paolo Sanzo (Treasurer, IFOMPT Executive Committee), Amy Fagan (MO Australia and Chair of the Advisory Group on Finance), and Bob Rowe (MO United States and member of Advisory Group on Finance) presented information generated from discussion with the MOs and RIGs along with feedback from the Executive Committee and various advisory groups regarding the possible modifications to the IFOMPT conference at the MO meeting in Reno. Some of the key ideas proposed included the increase in oversight by the Executive Committee of the conference and also considerations for a rotating regional model for future conference locations, the development of a future standing IFOMPT international conference organising committee, offering a conference on a more regular basis possibly every two years after 2024, and future changes in the bidding process and profit-sharing model.

Given the fact that the financial viability of IFOMPT depends on the conferences making a profit, it stands to reason that the IFOMPT Executive Committee needs to be more directly involved in this event. It

is, therefore, proposed that the Executive Committee, in their capacity as the elected representatives of the members of IFOMPT and with their oversight and fiscal responsibility to IFOMPT, should be responsible for making the final decision on which MO hosts the conference. The proposed document for the Constitutional change:

1. *Motion - To amend Article VII Section3) of the Constitution as follows:*

"ARTICLE VII GENERAL AND SPECIAL MEETINGS SECTION 3) Conference

The Conference of the Federation, which shall include clinical and scientific sessions, shall be held at least every four years. The Delegate-Assembly Executive Committee shall determine which Member Organisation shall hold the Federation Conference based on a bidding process outlined in the Governance Manual. Except as hereby varied the terms, covenants and provisions of the Constitution shall remain in full force and effect."

Members are requested to consider this proposed amendment and to provide comments and inputs to the office by 14 January 2019 after which the decision will be made to proceed to vote on the proposed amendment - Paolo Sanzo

Presidents Message Continued

increase and webinars has allowed us to be able to fund both the EC and SC to attend WCPT Congress in Geneva, Switzerland in May 2019. We plan to have a membership meeting, SC workshops, and Advisory Group meetings on May 10 and the Congress will run from May 11-13. Once again, Ingrid is working with the local MO delegates to find affordable off-site housing and meeting accommodations. I encourage all IFOMPT delegates to join us in Geneva for the May 10 meetings. There is also discussion of organising an outdoor team building activity the afternoon of May 9, so consider arriving by the morning of May 9 so you can join us.

One of the benefits of involvement in an international professional organisation is to develop a better understanding and familiarity of people from different countries and cultures. If we can get to know each other better and develop a

better understanding of our similarities and differences, it can enhance our ability to communicate and work together for not only the advancement of our profession, but also world peace and understanding.

I wish you joy, peace, and love as we enter this holiday season for many cultures around the world, and I look forward to getting to know all the members of the IFOMPT Family better in 2019 and beyond.
Peace be with you,
Ken

Standards Committee News

The Standards Committee (SC) participated in the AAOMPT Conference in Reno in November 2018. Our thanks go to AAOMPT for their organisation and hospitality that enabled 2 days of very productive meetings with the EC, and a range of meetings with MOs and individual OMPTs. The SC ran 2 workshops during the conference: 1] Clinical mentorship and 2] Research component of standards, Alison delivered a keynote and Leanne a platform presentation. It was a successful meeting especially for the networking opportunities.

Key business covered by the SC during their meetings included an update on working group activities, international monitoring reviews and letters, evaluation of international monitoring, review of new MO applications from Cyprus and France, SC resources on the website, SC continuity planning. A key theme underlying the SC meetings was preparing for Ronel Jordaan to take on the role of Chair from 2020. Information will come out to MOs in the new year to seek nominations for new members of the SC from 2020 - Alison Rushton



Celebrating 50 years of excellence in musculoskeletal physiotherapy in the UK



This year the MACP, the UK member organisation for IFOMPT celebrated its 50th Anniversary at the Physio UK conference in Birmingham. The MACP delivered the musculoskeletal theme of the conference showcasing the progression of evidence-based practice in musculoskeletal treatment, clinical reasoning and service delivery. This included 18+ presenters and 4 key note presentations including clinical reasoning into practice, exercise specificity, neuropathic pain management, behaviors and beliefs in healthcare and a round table discussion on the development of first contact practitioner roles. The conference boasted 50+ musculoskeletal posters, rapid 5s and platform presentations for the scientific programme and was attended by >1200 delegates. The 'best PUK ever!' (CEO Chartered Society of Physiotherapy) was testament to the hard work of Organising Committee, led by Colette Ridehalgh and support from by the MACP Executive committee (some of whom are included in the photo below).



Our collaboration with the Chartered Society of Physiotherapy to lead the musculoskeletal theme reflects the reputation and standing of the MACP in UK physiotherapy healthcare. As for the past 50 years, the MACP has been at the forefront of musculoskeletal physiotherapy in the UK and pushing the boundaries of research, education and clinical practice.

At the conference, the MACP held its AGM where Fellowships were awarded to Laura Finucane, Neil Langridge and Sue Sriskandan. This year we also bid farewell to Terry Smith, our administrator for the past 17 years who has now retired.

The evening concluded with a drinks reception for MACP members past and present and invited guests to celebrate our 50th anniversary. The evening was opened with an address from Agneta Lando (former IFOMPT President) on the history of the organisation and its role in the development of UK musculoskeletal physiotherapy from its humble beginnings 50 years ago. From the early days of Greg Grieve, Dr James Cyriax, Jenny Hickling, Sue Adams and Geoff Maitland to the present day where the MACP continues to offer a unique professional development pathway and a strong voice for UK musculoskeletal physiotherapy - Uzo Ehiogu and Nicola Heneghan

Update on Developments in Korea

In his recent visit to Korea in October 2018 Duncan Reid took the opportunity to run a half day course to "teach the teachers".



Korean Teachers with Prof Duncan Reid

Whilst Korea has now formed an umbrella "The Korean Federation of Orthopaedic Manipulative Physiotherapy (KFOMPT)" the RIG needs further help to develop its programmes to reach the IFOMPT standards and apply to become an MO. Whilst there are lots of courses taught in Korea by a range of manual therapists from many countries, trying to lift the internal educational standards sits with the current teachers at the various universities in Korea. The nature of the teachers' day was to cover the following areas:

1. The structure of IFOMPT and its place within WCPT
2. The role of the parent body (Korean PT Association) and the importance of an umbrella group for developing RIGs (KFOMPT)
3. The ability to understand and use the IFOMPT Standards documents and the competencies in curriculum design
4. The use of competencies and standards-based assessment for assessing students
5. The structure of the exam processes
6. The place and role of the external moderator

7. The structure of clinical placements and educational requirements of the clinical educators.



Korean Post Graduate Students who attended session with Prof Duncan Reid

This was a very useful exercise and this approach may be a value for other IFOMPT teachers who are assisting other countries to move from RIG status to MO status.

My impression from the teachers present was that further guidance is welcomed and required in curriculum design and assessment. - Duncan Reid

Congratulations and Thanks

Congratulations to Laura Finucane, Vice President of IFOMPT on being awarded a Fellowship of MACP!



Bob Sydenham, past president of IFOMPT was also awarded an AAOMPT Honorary Fellow award!



Thank you to all our Committee, Task Force, Advisory Group Members and Delegates for all the hard work in 2018 - the IFOMPT Family is on a roll and doing great things - Bring on 2019



IFOMPT 2020

IS COMING TO
MELBOURNE

6-8 October 2020

www.ifomptconference.org

With less than two years until the IFOMPT 2020 conference in Melbourne, Australia, the conference organising committee is pleased to announce that it has secured 2 International keynote speakers: Associate Professor Annina Schmid and Professor Deborah Falla.



Before commencing her research career Dr Schmid completed a Masters of Musculoskeletal Physiotherapy degree from IFOMPT recognised Curtin University's program in Perth, Western Australia. Well established as a musculoskeletal clinician, she wanted to do more for her patients and the models of care physiotherapists deliver. Now based at The University of Oxford, Annina's research focusses on advancing our understanding of the pathophysiology of compression neuropathies to ultimately improve management of these patients. In addition to her research activities, Dr Schmid teaches postgraduate courses related to pain and neuroscience internationally. She also maintains a weekly caseload as a specialist musculoskeletal Physiotherapist. Further information can be found at www.neuro-research.ch.

Australian-born Deborah Falla is an expert in rehabilitation science and musculoskeletal physiotherapy. Her research utilises state of the art electrophysiological measures to evaluate the control of human movement and how it is affected or adapted in response to various states including pain, injury, fatigue and training. Her research interests also include optimising the management of musculoskeletal conditions with a particular interest in neck pain, low back pain, whiplash and headache. Dr Falla is Chair in Rehabilitation Science and Physiotherapy and Director and Research Co-Lead, Centre of Precision Rehabilitation for Spinal Pain at the University of Birmingham. Further information can be found at https://www.researchgate.net/profile/Deborah_Falla. We look forward to welcoming our international speakers to Melbourne, Australia, for IFOMPT 2020.



IFOMPT Webinar Series - Latest news

The third IFOMPT Webinar will be presented by Toby Hall from Curtin University in late February 2019. The webinar will cover manual therapy and exercise for headache. Registrations to open in mid-January 2019.